## Milestones for mini mouths



BACTERIA FROM YOUR MOUTH CAN PASS TO YOUR BABY'S MOUTH

SO PART OF TAKING CARE OF YOUR NEWBORN'S MOUTH IS

## CARING FOR YOUR OWN ORAL HEALTH



BRUSH YOUR TEETH TWICE A DAY, CLEAN BETWEEN YOUR TEETH, AND **GET A DENTAL CHECK-UP EVERY 6 MONTHS** 



YOU'RE BEGINNING TO SEE THAT ADORABLE SMILE



## **START PROTECTING IT**

BY WIPING HIS GUMS WITH A SOFT, CLEAN CLOTH AFTER EACH FEEDING



START BRUSHING THAT TOOTH
TWICE A DAY
USING A SMEAR OF TOOTHPASTE







MAKE SURE YOUR BABY HAS A DENTAL CHECK-UP

BY HIS FIRST BIRTHDAY

If you don't have anywhere to take your baby, ask your pediatrician to check his teeth and for a dental referral.



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